

BENEFITS OF NATURAL ACTIVATED CHARCOAL TOOTHPASTE




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ACTIVATED CHARCOAL TOOTHPASTE

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NATURAL ORAL HEALTH

While they cannot be seen, tasted, or even felt, a multitude of microorganisms make the mouth their permanent home. These micro-organisms are tiny bacteria, similar to those found in the gut, and like their other cousins, these bacteria can be either harmful or beneficial to your health.

The beneficial bacteria found in the mouth are referred to as probiotics, and they help to protect the gums and teeth from the bad bacteria. Apart from this, they also help in food digestion.

The bad bacteria, which can quickly grow out of control, can be disease causing, and they cause various debilitating oral health conditions, including gingivitis, bad breath, cavities, plaque build up, and periodontitis. Keeping the bad bacteria in check, and maintaining the lowest possible level of toxins in the mouth are very important to the maintenance of oral health, as well as keeping the whole body healthy.

Bacterial overgrowth and infections in the mouth are able to easily find their way throughout the entire body system, possibly leading to bacterial pneumonia, cardiovascular diseases, low birth weight and diabetes, among others.

Although the entire bacteria population cannot be entirely wiped out, they can however be easily kept in check, by targeted nutrition, good oral practices, and adopting a holistic and natural cleansing technique.

ACTIVATED CHARCOAL

Activated charcoal has been in use for a very long time. Ancient Egyptian doctors, and the great Greek physicians of old, recommended activated charcoal for various medicinal purposes because of its many benefits. Apart from this, North American Indians have always used activated charcoal to cure skin infections and to relieve gas pains. They have also used it to ease bruises and inflammation.

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3. *BENEFITS OF NATURAL ACTIVATED CHARCOAL TOOTHPASTE*

Being a potent natural and safe treatment for a variety of infections, activated charcoal is used to trap chemicals and toxins in the body, flushing them out of the body, and thus preventing the body from reabsorbing them.

Although it is almost identical to a regular charcoal, the difference between the two is that activated charcoal is “activated,” meaning it has been solely created for medicinal use.

To activate regular charcoal, it is heated, using a gas, causing it to expand. This heating creates a porous surface on the activated charcoal and this is how it can trap toxins. This large and porous surface area allows the activated charcoal to absorb materials much larger than its own weight, and also chemically bind other materials to its surface.

BENEFITS OF ACTIVATED CHARCOAL

- Whitens teeth
- Helps prevent hangover and potentially treat alcohol poisoning
- Used for water filtration
- Important for mold cleansing
- Relieves bee stings and bites
- Improves body and skin health
- Alleviates bloating and gas
- Used as an emergency toxin removal
- Acts as an anti-aging agent
- Aids digestive cleansing
- Can help in the reduction of high cholesterol

ACTIVATED CHARCOAL AND ORAL HEALTH

Dentists explain that genetics, fluoride treatments, and proper dental care should result in healthy teeth and gums. However, it only makes sense that one of the best and safest ways to maintain and improve your oral health is by using natural treatments, such as the use of activated charcoal.

How exactly would using a black charcoal whiten your teeth?

This is a very common question. However, activated charcoal works by adsorbing (note: not absorbing like a sponge) microscopic particles and plague tidbits that are responsible for staining the teeth. A natural activated charcoal toothpaste affects all the parts of the teeth, and helps eliminate lingering stains and bacteria.

Using activated charcoal toothpaste is not only an effective natural remedy to stained teeth, it also enhances the general oral health. What makes it even more beneficial, is the fact that it is more cost effective, and it offers an all-natural remedy to that elusive bright smile.

ACTIVATED CHARCOAL TOOTHPASTE

Toothpastes have long been used as key proponents of maintaining a good oral health, as they act as antibacterial agents against the bad bacteria in the mouth. However, most of these toothpastes not only fail to perform their primary duty, some of the chemicals used in their production are potentially unsafe for the body system, and also harm the population of good bacteria present in the mouth.

Activated charcoal toothpaste, on the other hand, is toxin-free, safe, and has more benefits than the conventional toothpastes. Activated charcoal toothpaste is comprised of natural antibacterial agents which not only reduce the bad bacteria population, but also whitens the teeth, and generally improves oral health.

BENEFITS OF USING A NATURAL ACTIVATED CHARCOAL TOOTHPASTE

- Creates a cleaner mouth environment
- It helps eliminate bad breath
- Makes the teeth noticeably whiter
- It helps prevent cavities
- Can aid in preventing gum diseases
- Ensures that you maintain a healthy pH in the mouth
- Helps with the general health of the mouth

TEETH WHITENING VS. BLEACHING

Teeth whitening procedures have been on the rise, as many people actively search for ways to brighten their smile. A set of white teeth will not only make you appear younger, you will also make a strong first impression, and promote a healthful look. A white set of teeth is always a confidence booster.

The FDA permits the term “bleaching” for oral products that can make the teeth whiter than their natural color. Most of these bleaching products have active ingredients that include carbamide peroxide or hydrogen peroxide.

On the other hand, teeth whitening is used to refer to the process of removing debris and stains from the surface of the teeth, in order to restore their natural color. Whiteners include toothpastes and mouth rinses and strips.

While many people take to using the ubiquitous over-the-counter teeth whitening products, others use custom take-home laser whitening and bleaching kits. The use of these bleaching products can often make the teeth temporarily sensitive to cold.

Teeth bleaching is not a permanent solution. Bleaching kits typically cannot be customized to your specific whitening needs in order to get that uniform whitening. They only help reduce existing stains. Keep in mind, consuming pigmented food and coffee, the natural process of aging, and smoking, will eventually lead to the discoloration of the teeth again.

While using conventional teeth whitening products and bleaching kits, you can only expect to see results last between eight and twenty-four months, provided you follow proper maintenance of your teeth and avoid food, drinks, and habits that would stain the teeth. Two years of results sounds intriguing, but the risk of damaging enamel would seem to outweigh the benefits.

With activated charcoal toothpaste, you not only have a natural and safe way of ensuring good oral health, you also can get better and long-lasting whitening results.

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Finally, there are usually no side effects with which to be concerned, compared to using the conventional teeth whitening products which contain fluoride, or the bleaching kits which have very harsh chemicals.

Activated charcoal powder by itself is messy and hard to handle. So buying tooth powder and then buying a natural toothpaste to dip into that powder is not very hygienic and might stain your countertops. Why not consider getting your activated charcoal pre-mixed in your toothpaste product to avoid that mess!

Natural toothpaste ingredients like baking soda and coconut oil make an even more powerful product. Look for a brand you feel you can trust and with ingredients you can easily read and understand.

Keep your mouth clean and teeth healthy, and use the incredible and safe power of activated charcoal because as an adult, you've only got one set of teeth – and they need to last your lifetime!

There are a few other charcoal toothpastes available on the market but only one meets all of the above benefits. So...

We made BlackMagic Activated Charcoal Toothpaste to meet all those benefits.

[You can find it on Amazon.com \(right here\).](#)



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